



April 2024

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## Sorry!

Due to technical issues, this monthly newsletter has been delayed. Please accept our apologies.

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## ACP Conference Success

On Friday, 15th March, over 180 qualified and trainee ACPs from across Kent and Medway attended the event to watch presentations from ACPs themselves based on the four pillars of advanced practice (clinical, research, leadership and education) and to celebrate their hard work in primary and secondary care with an awards ceremony. It was a fantastic day of learning, networking and recognising what advanced practice has to offer. **Thank you to all of those who attended and congratulations to all of the nominees and award winners!**

Find the powerpoint slides and resources from the day [here](#).

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## Important!

### PLT Dates 2024 / 25

April 2024 – March 2025 dates can be found [here](#).

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**Save The Date: Kent and Medway Pharmacy Professionals Celebration Conference**

The ICB Medicines Optimisations team are excited to invite you to the Kent and Medway Pharmacy Professionals Celebration Conference on Sunday, 30th June, 10am – 4pm at Medway School of Pharmacy.

This event will be an opportunity for pharmacy professionals from across the system to come together, hear about local initiatives and collaborative working, celebrate success with awards, share project posters and network to build stronger links.

More details will be coming to your inbox on how to book to attend, how to nominate colleagues for an award and how to submit your project posters, but for now please do save the date!

Please share widely with your Kent and Medway networks and pharmacy colleagues.

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## HealthPathways Programme in DGS

We regret that the HealthPathways programme will not continue actively developing content after 31st March 2024 due to system financial pressures in the HCP/ICB. The pathways and information that have been developed remain the property of DGS and will remain viewable on the website for 12 months, but they will not be updated or renewed. This gives the HCP time to consider next steps in terms of ensuring Primary Care clinicians are kept up to date with referral and service changes in the DGS area. For now, DXS will continue to be the main document storage function for referral information.

For any queries or further information, please contact Joseph O'Toole, in the HCP team at [joseph.otoole@nhs.net](mailto:joseph.otoole@nhs.net)



[“Career Development Pathways in Primary Care”](#) is an interactive tool designed by KMPCTH to support general practices in the recruitment, retention, and upskilling of their multi-professional team.

This is a pilot document, and we would welcome your feedback and suggestions.



**Mid-Career GP Session**

These sessions are open to any Mid-Career GPs who works in Kent and Medway and are semi-structured to allow you time to connect as peers, and support and problem solve alongside a more structured group action learning session. Lunch is included on arrival (1pm), followed by the session (2pm-5pm). [Book your place.](#)

If you haven't got a Medtribe account already, you will need to create one which will be used for further events, CPD, feedback or courses with the KMPCTH.

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## Helping patients to help themselves

This series of 3 webinars has been developed for Tissue Viability Ambassadors in general practice to provide tools for implementing clinical knowledge, support behaviour change in patients, compassionate communication, and to spot the signs of and overcome compassion fatigue. [Find out more and book your place.](#)

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## Care Navigation Digital E-Learning

Care Navigation Connect is a new learning platform and a dedicated space for general practice staff who want to learn more about care navigation. The platform also hosts a community of practice and a selection of resources to help general practice and primary care network staff to improve their knowledge and embed care navigation in practice. To enrol onto the digital e-learning, please visit the [Care Navigation page.](#)



## Asthma Training

The e-learning for health website has free [online training](#) for all levels of professionals who work with children and young people (CYP) with asthma.

On pages 11 and 12 of this [document](#), there is an outline of which professions should complete up to which tier. Anyone is able to complete tier 1 of the training.

If you have any questions about CYP Asthma, email the programme manager: [leslie.smith7@nhs.net](mailto:leslie.smith7@nhs.net)

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## SAFER Consulting – A series of 7 online events for GPs and Clinical Staff

Half of the diagnoses made contain an element of uncertainty and 1 in 10 diagnoses is incorrect, resulting in serious harm to a patient in 1-in-1000 consultations. And yet, clinicians continue to receive very little, if any, training in how to prevent this from happening to them and their patients. [Find out more and book your place.](#)

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## What are your thoughts on group consultations?

Moa, a Trainee Health Psychologist working with KMPCTH, is currently carrying out a research project looking at the barriers and enablers of group consultations in Primary Care across Kent and Medway. Group consultations are used for patients with a shared medical condition... ([Find out more](#))

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## Physician Associate Webinars

These [online sessions](#), held on the last Wednesday of the month between 1-2pm are for Physician Associates in Kent & Medway, as well as their current or potential employers and practice managers. The sessions will outline all elements of Physician Associate training, scope, supervision, development and recruitment.

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Check the [HR Resources](#) to support PCN/Practice managers in developing their HR knowledge and performance, with:

- HR templates to customise
  - Induction to Primary Care
  - Onboarding Roadmap for PCNs/Practices
  - HR Mentoring Service for Practice Managers and Primary Care Leaders
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## HR Coaching

This programme is designed to support Practice Managers and multi-professional Primary Care managers. It provides a foundation for Human Resources to clinical and non-clinical leaders in addressing workforce issues, building organisational culture and promoting staff retention as well as providing a first step in their leadership journey. [Find out more.](#)

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## HR Lunchtime Sessions

A series of [online sessions](#) (12noon-12.45) designed for clinical and operational leaders with HR responsibilities to provide relevant tools and skills that will help them create an environment for their teams to feel empowered and able to grow.

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## Introduction to HR Management

This [4-day training programme](#) is designed for new to leadership Practice Managers, Supervisors or Primary Care Leaders, to provide them with skills, tools and solid HR foundation knowledge. There will be two cohorts with dates between May and July and locations either East/South Kent or Mid/North Kent. Please register your interest at [kmpcth@nhs.net](mailto:kmpcth@nhs.net)

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There are more than 160 apprenticeship careers in Primary Care spanning 15 different sectors and including clinical roles like Health Care Assistant, Nursing Associate, Advanced Clinical Practitioner, as well as administrative roles to start, progress or change your career. [Find out more.](#)

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## Functional Skills

[Functional Skills English and Maths](#) are a requirement to start an apprenticeship, providing accessible skills to improve reading, writing and communications and a better understanding of numbers and mathematical concepts; they are one of the most popular qualifications taken by adult learners. Watch: [Functional Skills](#)

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## BetterCare Support

Adult Social Care and Health (Kent County Council) have launched [BetterCare Support](#), an online self-assessment tool, to enable people to live independently and safely within their communities and home. By answering questions about their social care needs, the tool provides people with information, advice, and guidance about the options and services available to them.

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## Engaging and involving people and communities

NHS Kent and Medway has developed a toolkit for practice and primary care network staff, to support you with engaging and involving your patients, local people and the wider community in their work.

The toolkit is designed for you and covers a range of topics and tools including how to set up and manage a patient participation group, mapping your partners and other local stakeholders and tools you can use to engage and involve people.

Visit the [website](#) to find the toolkit and downloadable tools and diagrams.

If you have any feedback please email [kmicb.engagecomms@nhs.net](mailto:kmicb.engagecomms@nhs.net)

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## Calling all Primary Care Staff on Parental/Maternity Leave

Are you returning to work after maternity/parental leave or recently restarted work? Or know someone who is? Find out about a [support programme](#) starting in April 2024, with virtual and face-to-face meetings to support your return-to-work journey.

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## Join the KMPCTH Facebook Group

Connect with your colleagues in Primary Care using the KMPCTH Facebook group. Ask questions, join a discussion, share ideas and converse with others across Kent and Medway. [Join the group today.](#)

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## Peer Mentoring

Did you know that anyone working in Primary Care can benefit from [Peer Mentoring](#)? Whatever your role, you access personalised support.

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## New to Partnership

Are you within the first 5 years of partnership? KMPCTH has launched a “**New to Partnership Group**” network. Building on the success of a pilot run in West Kent, this group offers education around the non-clinical aspects of partnership through monthly meetings (virtual and face to face) as well as peer support. [More information.](#)

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**Can't attend your training? Make sure you cancel!**



There are many reasons why delegates cannot attend training sessions on which they are registered - and it's absolutely fine. Just make sure you [cancel your place!](#)

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## Wellbeing & Support

### Keep it handy: Wellbeing & Support Reminder List

Download the [Primary Care Workforce Wellbeing & Support](#) resources flyer to keep with you at all times.

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### Mental Health First Aider

This fully-funded training is aimed at practices who have not yet trained a member of staff as Mental Health First Aider.

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### Useful Resources

- Safeguarding [Primary Care Notice Board](#)
  - PCN requirements and entitlements for Additional Roles Reimbursement Scheme (ARRS) [FAQ Document](#).
  - How to save your [PLT attendance certificate](#) once it is emailed to you.
  - [Kent and Medway ICS primary care careers site](#)
  - [Informing and Communicating with Patients Resources](#).
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### Follow us on social media

Follow our [social media channels](#) to keep up to date with upcoming training and news from across primary care.



The KMPCTH Newsletter is created by the Communications Team.

The deadline to submit news and updates is the **final day of each month**.

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It's not too late to catch up on the KMPCTH [previous monthly newsletters](#).

Subscribe to [Kent & Medway Primary Care News](#).

Visit our website: [www.kmpctraininghub.nhs.uk](http://www.kmpctraininghub.nhs.uk)

Contact us: [kmpcth@nhs.net](mailto:kmpcth@nhs.net)



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