

# Primary Care News



September 2024



## Important!

### New Email Address

Please note that the KMPCTH email address is now [kmicb.kmpcth@nhs.net](mailto:kmicb.kmpcth@nhs.net) to show our link to the NHS Kent & Medway ICB.

### Medtribe: Our booking platform

Create your individual account on Medtribe, and book your place to our events/courses/webinars.

[Find out more about Medtribe](#) and how to create and manage your account and certificates of attendance.

### PLT Dates 2024 / 25

April 2024 – March 2025 dates can be found [here](#).

## East Kent PLTs Cardiovascular Medicine update / Research & Innovate

There will be 2 sessions available:

[Ashford and Canterbury](#) – Wed. 11th September, 2.00pm – 5.00pm

[Thanet and SK Coast](#) – Thurs. 26th September, 2.00pm – 5.00pm

For more information on the PLT content, you can [download the flyer](#).

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### Did you know there is a free Mentoring Service for all Primary Care Staff?

The Peer Mentoring Service is suitable for anyone wanting to improve and manage their career development, work relationships or are facing personal/professional issues.

For more information, visit the [KMPCTH website](#) or write in confidence to: [kmicb.kmpcthmentoring@nhs.net](mailto:kmicb.kmpcthmentoring@nhs.net)

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### New to Practice Programme 2024/25

[Enrolments open](#) for newly qualified GPs, Nurses and Clinical ARRS.

The aim of the programme is to develop confidence and skills, to support recruitment and retention, to alleviate the feeling of isolation and to support and develop effective leadership.



### [Career Development Pathways in Primary Care](#)

is an interactive tool designed by KMPCTH to support general practices in the recruitment, retention, and upskilling of their multi-professional team.

This is a pilot document, and we would welcome your feedback and suggestions.

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## Human Resources in Primary Care

Check the [HR Resources](#) to support PCN/Practice managers, with:

- HR templates to customise
- Induction to Primary Care
- Onboarding Roadmap for PCNs/Practices
- HR Mentoring Service for Practice Managers and Primary Care Leaders

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### Introduction to HR Management

Only a few places left at the [February 2025 Workshop](#) (Whitstable).

Please note that you will need to book your place **for each of the 4 days** of the course.

**All other workshops are fully booked.** If you would like to be added to the waiting list, please write to [kmicb.kmpcth@nhs.net](mailto:kmicb.kmpcth@nhs.net).

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### HR Lunchtime Sessions

More [HR Lunchtime Sessions](#) available from September onwards, lasting 45 minutes.



## Other Courses & Opportunities

### Clinical Supervisor Course Update

New course dates available: [Find out more](#).

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### Professional Nurse Advocate (PNA) course

Nurses working in Primary Care now have the opportunity to undertake the Professional Nurse Advocate (PNA) course at CCCU. [Find out more](#).

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### Safeguarding Adult Open Sessions

Kent and Medway Safeguarding Adults Board (KMSAB) Open Sessions:

- Tuesday, 17 September from 6pm to 7.30pm: [Adult safeguarding and the Care Act wellbeing principle](#)

- Tuesday, 22 October from 6pm to 7.30pm: [VoiceAbility: Use your power campaign](#)
- Tuesday, 19 November from 6pm to 7.30pm: [Professional curiosity](#)

[More information and to book.](#)

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## **Restorative Clinical Supervision**

Train the Trainer Workshop. The course is designed for Advanced Clinical Practitioners (ACPs) Practice Nurses (GPNs), Nursing Associates (NA)s, Healthcare Assistants (HCAs).

Tuesday 15th October @ 9:30am – 4pm – [Book now](#).

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## **LAST CHANCE TO BOOK: Kent & Medway Pharmacy Professionals Conference**

This event will be hosted by Medway School of Pharmacy on the 8<sup>th</sup> September 2024, 10am to 4pm.

[More information and to book your place.](#)

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## **Independent Prescribing Courses for Pharmacists in 2024/25**

Applications for independent prescribing courses for Pharmacists are now open. Courses are available until end March 2025, with several universities offering multiple dates for cohort intakes. Start dates will depend on the university provider. Pharmacists from across sectors, including community pharmacy and locums, are encouraged to seize this opportunity.

[Read more.](#)

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## **Kent & Medway ReSPECT webinar**

ReSPECT – Recommended Summary Plan for Emergency Care and Treatment

4 upcoming K&M ReSPECT processes webinars webinars to guide and help all Primary Care staff to maximally utilise this invaluable plan for any individual needing care and professionals providing the support 24/7, regardless of roles or settings. Individuals only need to attend 1 webinar but are welcome to attend as many times as they wish.

[Register now.](#)

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## **Are you an AHP working in a Rural or Coastal Area?**

NHSE are looking to interview Allied Health Professionals working in rural and coastal areas in England as part of a research study to identify solutions to recruit and retain AHP workforce in these areas. [Find out more.](#)

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## NIHR Insight Programme for South East - Masters in Research Scholarship

The National Institute for Health and Care Research (NIHR) offers fully funded places with stipend available at the University of Brighton, the University of Chichester and the University of Kent.

[Read more](#) about the Master's in Research and Insight FAQs.

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## Transforming Autistic Healthcare

[KMPT](#) are proud to be collaborating with Aucademy CIC to bring to Kent & Medway four webinars in 2024/25 on up-to-date and relevant topics to support our goal to Transform Autistic Healthcare.

Book your place on [one of four 2-hour webinars organised by KMPT and Aucademy CIC](#) on topics to support the goal to Transform Autistic Healthcare.

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## Mid-Career GP Network and Lunch

The Kent and Medway Mid Career GP Network meeting is a great opportunity for mid career GPs to connect, share and support each other. Book your place on the 24th of September (Aylesford). Lunch will be available from 1-2pm and the network session will run from 2-5pm. [Book your place](#)

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## Academic Posters Online Sessions

Learn how to write posters to showcase and demonstrate outcomes. A course for Kent & Medway Primary Care staff to showcase the excellent work achieved by Primary Care across the county.

[Book your place](#) (5 online sessions available)

12 September 2024 - 9.30am-1.30pm

26 September 2024 - 9.30am-1.30pm

21 November 2024 - 9.30am-1.30pm

23 January 2025 - 9.30am-1.30pm

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## SAFER Consulting – A series of online events for GPs and Clinical Staff

This is a series of webinars for GPs and Clinical Staff presented by Dr Paul Silverston.

The number of places has been increased due to popular demand. [Find out more and book your place.](#)

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## Physician Associate Webinars

These [online sessions](#), held on the last Wednesday of the month between 1-2pm, are for Physician Associates in Kent & Medway, as well as their current or potential employers and practice managers. The sessions will outline all elements of Physician Associate training, scope, supervision, development and recruitment.

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## New to Partnership

Are you within the first 5 years of partnership? KMPCTH has launched a “**New to Partnership Group**” network. Building on the success of a pilot run in West Kent, this group offers education around the non-clinical aspects of partnership through monthly meetings (virtual and face to face) as well as peer support. [More information.](#)

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There are more than 160 apprenticeship careers in Primary Care spanning 15 different sectors and including clinical roles like Health Care Assistant, Nursing Associate, Advanced Clinical Practitioner, as well as administrative roles to start, progress or change your career. [Find out more.](#)

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## Functional Skills

[Functional Skills English and Maths](#) are a requirement to start an apprenticeship, providing accessible skills to improve reading, writing and communications and a better understanding of numbers and mathematical concepts; they are one of the most popular qualifications taken by adult learners. Watch: [Functional Skills](#)

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## BetterCare Support

Adult Social Care and Health (Kent County Council) have launched [BetterCare Support](#), an online self-assessment tool, to enable people to live independently and safely within their communities and home. By

answering questions about their social care needs, the tool provides people with information, advice, and guidance about the options and services available to them.

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## Please include your Locum Staff

When planning practice and PCN education and training events for your staff, please include your locum workforce whenever possible. We want to ensure that all colleagues, including locums and temporary staff, are informed of all training and development opportunities as this will support knowledge acquisition and update, contribute to CPD and help with staff involvement and culture.

Please encourage all staff to subscribe to the Training Hub monthly bulletin, [Primary Care News](#) to stay up-to-date with training opportunities, events and information relevant to Primary Care, as this includes offers for the locum workforce as well. This information can also be found at [www.kmpctraininghub.nhs.uk](http://www.kmpctraininghub.nhs.uk) and through our social media channels.

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## Stress Management Handbook for Receptionists

The **Stress Management Handbook** is designed specifically for **Primary Care receptionists**, and has been co-created with a group of receptionists to ensure the contents are relevant and may help you learn new ways of coping with stress and build more resilience to improve your daily professional (and personal) life.

If you are interested in accessing this handbook, please fill out [this form](#) (completion time 2 minutes).

Any questions, please get in touch with Moa on [m.sundstrom@nhs.net](mailto:m.sundstrom@nhs.net)

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## Safe Surgeries

A Safe Surgery is a practice that pledges to provide inclusive services to everyone in their community, and to ensure that lack of ID, proof of address, immigration or language barrier do not hinder patient registration.

[Find out more.](#)

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## NHS Screening E-learning resources

Changes are coming with the [e-lfh platform](#). Please **download any certificates or proof of completed training you have available in your account on e-lfh, as these might no longer be available after the transfer is complete.** [Find out more.](#)

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## Funded Development for AHP Social Workers 2024/25

[Find out more](#) about the support available for individual support workers and how to apply.

**Deadline: 2<sup>nd</sup> September 2024**

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## Engaging and involving people and communities

NHS Kent and Medway has developed a toolkit for practice and primary care network staff, to support you with engaging and involving your patients, local people and the wider community in their work.

The toolkit is designed for you and covers a range of topics and tools including how to set up and manage a patient participation group, mapping your partners and other local stakeholders and tools you can use to engage and involve people.

Visit the [website](#) to find the toolkit and downloadable tools and diagrams.

If you have any feedback please email [kmicb.engagecomms@nhs.net](mailto:kmicb.engagecomms@nhs.net)

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## Postgraduate Certificate MSK Ultrasound

[Read all](#) about the funding for tuition fees and salary support contributions for the Postgraduate Certificate Musculoskeletal Ultrasound at Canterbury Christ Church University - January 2025 intake.

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## Safeguarding Resources

The Kent and Medway Integrated Care Board Safeguarding Team has been working to make sure that primary care has access to [resources](#) to help support decision making and risk management in practice.

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## Calling all Primary Care Staff on Parental/Maternity Leave

Are you returning to work after maternity/parental leave or recently restarted work? Or know someone who is? Find out about a [support programme](#) with virtual and face-to-face meetings to support your return-to-work journey.

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**Can't attend your training? Make sure you cancel!**



There are many reasons why delegates cannot attend training sessions on which they are registered - and it's absolutely fine. Just make sure you [cancel your place!](#)

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## Wellbeing & Support

### Keep it handy: Wellbeing & Support Reminder List

Download the [Primary Care Workforce Wellbeing & Support](#) resources flyer to keep with you at all times.

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### Employee Assistance Programme

The ICB has recommissioned the Employee Assistance Programme for all staff within the system including General Practice, and it has new functions. Read the [flyer](#) detailing what support is available to staff and wondered if you would share with your networks also

The code to use if downloading the wisdom app is here:

Code needed - MHA152524

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### Everyday Active Workshops

Everyday Active is Active Kent & Medway's flagship campaign helping more people to be more active in their everyday life. [Join the free webinars](#) to improve your knowledge of physical activity.

- Thursday 26 September 2024 13:00 – 14:30
  - Wednesday 4 December 2024, 10:00 – 11:30
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### Useful Resources

- Safeguarding [Primary Care Notice Board](#)
  - PCN requirements and entitlements for Additional Roles Reimbursement Scheme (ARRS) [FAQ Document](#).
  - [Kent and Medway ICS primary care careers site](#)
  - [Informing and Communicating with Patients Resources](#).
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### Follow us on social media



Follow our [social media channels](#) to keep up to date with upcoming training and news from across primary care.

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The KMPCTH Newsletter is created by the Training Hub Communications Team.

The deadline to submit news and updates is the **final day of each month**.

It's not too late to catch up on the KMPCTH [previous monthly newsletters](#).

Subscribe to [Kent & Medway Primary Care News](#).

Visit our website: [www.kmpctraininghub.nhs.uk](http://www.kmpctraininghub.nhs.uk)

Contact us: [kmicb.kmpcth@nhs.net](mailto:kmicb.kmpcth@nhs.net)

