

# Primary Care News



February 2025



## Important!

### PLT February/March 2025

The Training Hub PLT for February/March will focus on Women's Health. Please remember that everyone – clinical, management or administration – is welcome to our PLTs.

Find out more and [book your place](#).



## Visit our Website

### Our Website is at Your Service

Make sure to visit the [KMPCTH website](#): it is a great source of information for the Primary Care [workforce](#), regularly updated with courses, [news](#) from the NHS and external partners, [wellbeing resources](#), and many opportunities.



## Peer Mentoring

### Free Mentoring Service for all Primary Care Staff

Do you work in a GP practice? Whatever your role - administration, management or clinical - the Peer Mentoring Service is for anyone wanting to improve and manage their career development, work relationships or facing personal/professional issues.

For more information, visit the [KMPCTH website](#) or write in confidence to: [kmicb.kmpcthmentoring@nhs.net](mailto:kmicb.kmpcthmentoring@nhs.net)

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## Conferences for PC staff

### Save the Date: PITstop Type 1 Diabetes Conference

Thursday 27<sup>th</sup> March 2025 in Ashford, Kent.

For General Practice teams to gain greater understanding of Type 1 diabetes including Continuous subcutaneous insulin infusion (CSII), Continuous Glucose Monitoring (CGM) and Hybrid Closed Loops systems (HCL).

[More information and to register.](#)

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### Best Practice London & Women's Health Professional Care

The Best Practice London & Women's Health Professional Care will take place on 26th–27th February 2025 at Olympia London. [Find out more.](#)

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### 9th Kent Medical Humanities Conference 2025

This invaluable [Kent Medical Humanities Conference](#), designed for the clinical staff in Kent & Medway, helps appreciate the human and psychosocial side of the clinician/patient interaction.

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## Interactive Career Pathway Tool

### Career Development Pathways in Primary Care

The [Career Development Pathways in Primary Care](#) is an interactive tool designed by KMPCTH to support general practices in the recruitment, retention, and upskilling of their multi-professional team.

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## Other Courses & Opportunities

### Bite-size CPD-accredited Courses on Cancer

[Gateway C](#) offers Primary Care professionals **free bitesize CPD Accredited courses** to support early detection of cancer and improve patient experience. [More information.](#)

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### Asthma afternoon tea (AAT)

Complimenting the National bundle of care for CYP asthma programme and QOF 2023-2024, Medway & Swale Health and Care partnership have developed evidence-based bite size sessions to support primary care with the management of CYP asthma care. [Find out more.](#)

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### RespiCare – Face-to-Face Spirometry Study Day

The session will be held at Lenham Community Centre, on the 15th May 2025, 9am-1pm.

[More information.](#)

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### RespiCare – Face-to-Face Chest Auscultation Study Day

The session will be held at Lenham Community Centre, on the 22<sup>nd</sup> April 2025, 9am-1pm.

[More information.](#)

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### 90-minute PITstop Diabetes Webinar

This [webinar “Using insulin pump therapy”](#) is designed for all healthcare professionals in Kent & Medway.

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### Diabetes Foot Screening Development Programme

An e-learning [resource](#) which would help standardise diabetes foot screenings performed by any health care professional.

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### Restorative Clinical Supervision Webinar

This "Train the Trainer" workshop will be held online on Tuesday 18th February 2025, 9.30am-4pm.

The course is designed for Advanced Clinical Practitioners (ACPs) Practice Nurses (GPNs), Nursing Associates (NAs), Healthcare Assistants (HCAs).

[Find out more and book.](#)

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## HR Coaching

If you are managing teams or staff members, building organisational culture or addressing workforce issues, HR Coaching is for you!

[Find out more.](#)

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## HR Resources for your Practice

Discover information, documents and templates designed to support PCN/practice managers and leaders in developing their HR knowledge and performance.

[Find out more.](#)

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## Supporting Receptionists

The [Stress Management Handbook](#) for Primary Care receptionists has been designed by for and with receptionists to provide them with tools to support them in their job.

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## Calling all Independent Prescribers and Designated Prescribing Practitioners (DPP)

Please link to the South East Independent Prescribing (IP) and Designated Prescribing Practitioners (DPP)

[Network](#) - FutureNHS Collaboration Platform.

[More information.](#)

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## Kent & Medway Funded DPP Pilot to Support Community Pharmacists

Funding of £1,000-1,500 per trainee prescriber could be offered to the employing organisation. This scheme is open for EOI until **9th of February**.

[More information](#).

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## National Apprenticeship Week 2025

[National Apprenticeship Week](#) (NAW) is the biggest week in the apprenticeships and skills calendar! It takes place from 10 to 16 February 2025.

The week brings together everyone passionate about apprenticeships and skills to celebrate the value, benefit, and opportunity that they bring.

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## Met Office: Online Community Resilience Course Prospectus

The Met office provides advice and training to support communities prepare for and cope with severe weather. It provides up-to-date expert seasonal advice from carefully selected organisations to help you prepare for and respond to the weather, to stay safe and protect yourself, your homes and businesses. Download the [Community Resilience leaflet \(PDF\)](#).

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## Change NHS: Workshop in a Box

Tuesday 4th February 2025, 10.30am – 12.30pm.

The focus of the [workshop](#) will be on the 3 shifts that the 10 Year Health Plan will be built around.

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## Networking & Partnerships

### New to Partnership

Are you within the first 5 years of partnership? KMPCTH has launched a “**New to Partnership Group**” network. Building on the success of a pilot run in West Kent, this group offers education around the non-clinical aspects of partnership through monthly meetings (virtual and face to face) as well as peer support. [More information](#).

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## Calling all Primary Care Staff on Parental/Maternity Leave

Are you returning to work after maternity/parental leave or recently restarted work? Or know someone who is? Find out about a [support programme](#) with virtual and face-to-face meetings to support your return-to-work journey.

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**Can't attend your training? Make sure you cancel!**



There are many reasons why delegates cannot attend training sessions on which they are registered - and it's absolutely fine. Just make sure you [cancel your place!](#)

If you booked via [Medtribe](#), please log in to your account and cancel your booking. It's quick and easy and allows us to offer the place to someone else.

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## Wellbeing & Support

### Everyday Active: Helping residents be more active

NHS Kent and Medway have commissioned a new wellbeing provider which is available to all Primary Care staff. [More information](#) about the service, guidance and webinars.

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### Keep it handy: Wellbeing & Support Reminder List

Download the [Primary Care Workforce Wellbeing & Support](#) resources flyer to keep with you at all times.

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### Healthy Weight

Discover KCC'S Whole Systems Approach to Healthy Weight Programme [newsletter](#), to find out a variety of useful patient activities across the county to support obesity reduction.

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## Resources

### Useful Resources

- Safeguarding [Primary Care Notice Board](#)
  - PCN requirements and entitlements for Additional Roles Reimbursement Scheme (ARRS) [FAQ Document](#).
  - [Kent and Medway ICS primary care careers site](#)
  - [Communications and Engagement](#)
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## Follow us on social media



Follow our [social media channels](#) to keep up to date with upcoming training and news from across primary care.

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The KMPCTH Newsletter is created by the Training Hub Communications Team.

The deadline to submit news and updates is the **final day of each month**.

It's not too late to catch up on the KMPCTH [previous monthly newsletters](#).

Subscribe to [Kent & Medway Primary Care News](#).

Visit our website: [www.kmpctraininghub.nhs.uk](http://www.kmpctraininghub.nhs.uk)

Contact us: [kmicb.kmpcth@nhs.net](mailto:kmicb.kmpcth@nhs.net)



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