

## **Aspiring Mental Health and Learning Disabilities Leaders Leadership Programme Cohort 3**

The **Florence Nightingale Foundation** along with **NHS England (South East)** are pleased to offer a leadership programme to band 6 to 7 Aspiring Nurse Senior Leaders working in the Mental Health and/or Learning Disability environment.

This exciting opportunity will enable you to explore and enhance your sphere of influence with authority for the benefit of your service and workforce.

This programme offers a supportive learning space to develop leadership identity, capacity, and capability to influence organisational and patient outcomes.



# Leadership Programme

## Overview

The Leadership programme will be undertaken over 6 months and includes:

### **Day 1 - Personality Preferences and Performance in Teams (Virtual)**

Utilising Myer Briggs Type Indicator (MBTI) we will explore how personality preference influence personal leadership styles and how awareness can enable the promotion of high performing teams

### **Day 2 - Principles and Practice of Quality Improvement (Virtual)**

An introduction to QI including approaches to leading change management and measuring impact

### **Day 3 - Presentation of Self: Presence & Impact (Royal Academy of Dramatic Arts Face to Face)**

Practical approaches to developing confidence and clarity in the delivery of key messages for a range of audiences including the media

### **Day 4/5 - Stepping into your Authority (Virtual)**

Development of leadership attributes which enable influence from ward to board. Specific consideration will be given to exploring the sphere of authority in relation to systems leadership and leading upwards

### **Day 6 - Action Learning (Virtual)**

A facilitated action learning set focused on the implantation of the QI project. ALS will then self organise and continue to meet through the duration of the programme

### **Day 7 - Celebration event (face to face)**

An opportunity to network showcase and celebrate the impact of the programme and raise the profile of this significant speciality

## Leadership Programme Dates

- Personality Preferences and Performance in Teams (Virtual) – **11<sup>th</sup> September 2023**
- Principles and Practice of Quality Improvement (Virtual) – **13<sup>th</sup> September 2023**
- Stepping into your Authority (Virtual) – **3<sup>rd</sup> and 4<sup>th</sup> October 2023**
- Presentation of Self: Presence & Impact (Royal Academy of Dramatic Art; Face to Face) **3<sup>rd</sup> and 7<sup>th</sup> of November 2023 (one date will be allocated)**
- Action Learning Sets (Virtual) – 4<sup>th</sup> and 5<sup>th</sup> December 2023 (one date will be allocated)
- Hand in of Quality Improvement Project– **15<sup>th</sup> January 2024**
  - *The top 5 Elevator pitches will be requested to present at the celebration event*
- Celebration event (Face to Face) – **February 2024 TBC**

You will join the FNF alumni community and receive on going networking and leadership development opportunities through events, webinars, media engagement and policy thought leadership.

### APPLICATION PROCESS

To apply for this opportunity, please write a statement (one or two paragraphs), attached as a word document, detailing the reasons for your application and the name of the manager in your organisation who is supporting your application. Please also attach your CV, which must detail your NMC registered field of nursing (MH and/or LD) (and NMC expiry date). You do not need to complete an application form. **Please note this opportunity is only available for NMC Learning Disabilities and / or Mental Health Nurse Registrants.**

Please send your applications in an email to:

Yvonne Izzard (Project Support Co-ordinator, Maternity and Neonatal Programme) at:  
[yvonne.izzard@hee.nhs.uk](mailto:yvonne.izzard@hee.nhs.uk)

If you have any questions, please direct them to Yvonne Izzard ([Yvonne.izzard@hee.nhs.uk](mailto:Yvonne.izzard@hee.nhs.uk)) and Dr Karen Harrison-White (Programme Lead – Nursing (SE)) ([Karen.Harrison-White@hee.nhs.uk](mailto:Karen.Harrison-White@hee.nhs.uk))

**Applications must be made by 24.08.2023.** We will not be able to accept late submissions. There are only 25 places; we will let you know the outcome of your application after the deadline.