Managerial Support Line

What is the Managerial Support Line?

It is a core component of the EAP or Wellness Programme is a specialist resource for all managers, supervisors and anyone who has another employee in their care. It is there to support you in your day to day role, and to give you emotional and practical solutions to managing people within your team and organisation

What can the Managerial Support Line help me with?

Coping in stressful situations, delivering performance reviews, time management, resolving conflict, supporting colleagues with health issues, looking after yourself as a manager and much more.

As a manager who will I be speaking to?

At CiC we employ experienced Consultant Clinicians who are fully trained to deal with a wide variety of Managerial related topics. Our Clinicians answering the calls are BACP accredited and trained in workplace therapy. All discussions are completely confidential so your employer will not be made aware of your call.

How do I access the Managerial Support Line?

By phone: 0800 085 3805

Well Online: www.well-online.co.uk

By email: assist@cicwellbeing.com

CiC consultants and clinicians respond to calls between 8am-8pm Monday-Friday only. If the line is busy, we will ask you to leave a voicemail with your name, company you work for and number and we will call you back as soon as possible.

Want to know more?

Get in touch with CiC using the details below:

Phone: 0800 085 3805

Email: assist@cicwellbeing.com