

Please only register if you have completed the 2.5-day PITstop advanced course and are a Healthcare Professional working in General Practice (Primary Care)

Advanced CPD diabetes opportunities in Kent & Medway for past 2.5-day PITstop students

1-day PITstop advanced CPD day

Dates: 1st October 2025, 13th November 2025, 20th January 2026 or 20th March 2026

Time: 9am -4pm

Delivered live, online on Zoom

Aim: To enable past PITstop students to maintain skills in assessing and initiating people with type 2 diabetes for GLP-1 and dual GIP/GLP-1 Agonists or insulin and providing ongoing support. We will be offering the programme after the publication of the updated NICE NG28.

Programme will include:

What's new in 2025

Young Onset Type 2 Diabetes support, services and pro-active holistic prevention management

Pregnancy planning

Revision: the insulin PITstop pathway and templates

Revision: the GLP-1 or dual GIP/ GLP-1 agonist PITstop pathway and templates

Themed case studies

The use of audit to embed skills and improve patient outcomes

To register for the 1-day conference [click here](#) and use the code **KENTCPDITSTOP**

4-hour PITstop Continuous Glucose Monitoring (CGM): essentials for primary care to enhance diabetes care

Dates: 2nd October 2025, 3rd December 2025, 26th January 2026 and 3rd March 2026

Time: 9am – 1pm

Delivered live, online on Zoom

Aims:

- Understand what CGM is, how it helps, and its limits compared to HbA1c and finger-pricking.
- Identify who qualifies for CGM and how to get started Explore steps for prescribing CGM and educating patients on its use.
- Understand how to use and troubleshoot CGM devices like Libre and Dexcom.
- Interpret the CGM AGP reports, spot trends, and make treatment decisions.
- Explore how to analyse real cases and understand what affects glucose levels.
- Explore how to adjust lifestyle or medication based on CGM data.

To register for the 4-hour CGM course [click here](#) and use the code **KENTCGMPITSTOP**

If you have issues registering or any questions please contact the PITstop team.