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News & Events

New Mentor Website Area

The [Peer Mentoring section](#) on the KMPCTH website now includes a Mentor-only area.

Just enter the password **KMPCTHMENTOR26** to access dedicated webpages that will include news, resources and the latest templates to use.

Knowing Mentees' Expectations

Before starting on the programme, new mentees now fill an online survey to state their expectations. The first results indicate that the main reasons for joining the programme are:

Main issues

1. Confidence
2. Worklife Balance
3. Juggling Responsibilities
4. Self-care / Resilience
5. Career Progression

Secondary issues

1. Practice Systems
2. Job Satisfaction
3. Portfolio Working
4. Difficult Colleagues / bullying / Discrimination
5. Lack of Autonomy

Time to say 'goodbye' the grace and grief of endings at work

We discussed endings for ourselves, our mentees and organisationally, in our ALS on 11th February.

This article, "[Time to say 'goodbye' the grace and grief of endings at work](#)" written by the authors of "Good Bye, Leading Change better by attending to endings", discusses change, transitions and endings and why it can be important to attend to these in our work as leaders and mentors.

Goodbye, Mel!

As Mel sadly leaves the organisation, it feels important to recognise her significant contribution to the programme and to the smooth running of the Training Hub. Her dedication, reliability, and thoughtful approach have made a real difference, and her support has been greatly valued by colleagues. Mel has been a pleasure to work with and will be genuinely missed.

Warmest wishes are extended for her next chapter.



Mentoring Calendar

Action Learning Set dates

Next dates will be:

- Wednesday 17th June 7.30pm-8.45pm – [Book now](#)
- Wednesday 7th October 7.30pm-8.45pm – [Book now](#)

If you haven't done so already, make sure you book your place on each session via the link above; on confirmation of the booking, please don't forget to select the option to save the session on your calendar.

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The next annual [Peer Mentoring Conference](#) will be held on Thursday 23rd of April at Edenwood Place (9am-5pm).

The theme this year is **Exploring Change** - Change in the NHS is inevitable and can be stressful, difficult and exhausting but also comes with opportunities.

How can the way in which we approach change help ourselves and our mentees? This day is about coming together to explore change and how we might navigate it.

Arrive from 9am for 9.30am start. We will be finished by 5pm. Lunch and refreshments will be provided.

The day will include space to:

- Discuss change and the impact it has on us as individuals and teams.
- Explore models that help us with change.
- Apply and experience the models practically.



Invoicing your Sessions - Update

Some invoices are still delayed due to non-compliance (e.g. incorrect dates, missing information, wrong file format or cell selection, or generic file names).

To help avoid delays, please see the attachments below:

- [Invoice template 2026](#) with clear instructions, including guidance on selecting only black-font cells when saving as a PDF.
- [Instructions flyer](#) (separate document).

Training and Education Resources

Find out [our educational resources](#).



Keep it handy: Wellbeing & Support Reminder List

Download the [Primary Care Workforce Wellbeing & Support](#) resources flyer to keep with you at all times.

The Mentor Matters Newsletter is created by Kent & Medway Primary Care Training Hub.

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