

# PEER MENTORING FAQs

update March 2026

This flyer is designed as a reminder and a summary of the information that can be found in your Mentor Pack in more detail.

All correspondence needs to be sent to our confidential inbox:  
[kmicb.kmpcthmentoring@nhs.net](mailto:kmicb.kmpcthmentoring@nhs.net)

## How many mentoring sessions can I offer?

Mentors can offer **4-6 sessions** (or up to 12 for New to Practice Programme), every 1-3 month or more frequently as agreed with mentee. Sessions usually last 60-90 minutes.

The mentoring must ideally be **completed within 12 months** (24 months for NTPP mentees). If you feel your Mentee would benefit from more sessions, please contact us to request an extension of the sessions you are able to offer.

## What should I write on the session log?

Please provide a session log **for each session** – these are essential for quality assurance and evaluation of the service.

These logs are important to ensure the mentoring sessions are meeting the needs of the mentor and mentee and to inform future development of the service; they **should include mentee's initials and general topics covered** (e.g. "work relationships", "time management", "bullying", etc.) but no personal details or detailed description of session.

*Please save the session logs under your name, initials of the mentee and date.*

## What should I do with the session log?

Once completed, please send your session log along with the corresponding invoice to [kmicb.kmpcthmentoring@nhs.net](mailto:kmicb.kmpcthmentoring@nhs.net)

Please follow the [invoicing instructions](#) to ensure invoice compliance and prompt payment.

Ideally, please send each session log with corresponding invoice.

## How much is the session paid?

Mentors can invoice **£175** per session; this includes time spent in session, preparation, administration, etc.

**Cancelled sessions will not incur a fee.**