

1-day PITstop Support diabetes course for Community Nurse Prescribers

focusing on supporting people with
Type 2 diabetes on injectable therapies

On **2nd July or 25th November 2026**

Delivered live on Zoom

Course overview

- HbA1c and blood glucose target setting with the elderly / frail. The importance of formally recording frailty
- Common diabetes medications used with the elderly / frail
- An introduction to insulin for frail / elderly people with type 2 diabetes
- Insulin General Rules: the PITstop approach
- Additional subjects related to insulin: illness management
- Additional subjects related to insulin: injection technique, hypoglycaemia revision, eating pattern activity
- Continuous glucose monitoring (CGM): interpreting and using the results
- CGM. Case studies: practicing using the skills

Course aim

The course aims to provide students with insight and resources, enabling them to support an elderly, frail, housebound person with type 2 diabetes on a complex treatment regimen, including insulin. We aim to use national and international guidelines and up-to-date evidence throughout the course. Our ultimate aim is for students to both define their prescribing scope of practice with diabetes medications and embed the learnt skills in clinical practice to improve patient care.

PITstop meets the NICE education criteria for insulin initiation and is recognised by Diabetes UK, NICE, NHS England and SE London Health Innovation Network.

Criteria to apply

- community nurse or complex care nurse experienced in supporting people with type 2 diabetes
- Keen to develop a role in supporting people with type 2 diabetes on insulin
- Keen to support people requiring third party assistance with glucose monitoring to use glucose sensors
- Ideal - an independent prescriber or working towards this qualification.
- Available to attend the full 1-day course from 9am – 4pm.

To register

Please [click here](#) and use the **KENTCNP** code to register for free.

If you are unable to attend the date, contact the PITstop admin team to be added to the waiting list.