Primary Care Allergy Education
Kent and Maidstone

09 September / 09:00 - 16:15

Delta Hotels by Marriott, Tudor Park Country, Maidstone, ME14 4NQ, United Kingdom

NHS Maidstone and Tunbridge Wells NHS Trust

NHS East Kent Hospitals University NHS Foundation Trust

BSACI Improving Allergy Care through education, training and research

NHS Kent Community Health NHS Foundation Trust

Book via Eventbrite

Booking fee of £30 for non-members.
Members email tamara@bsaci.org to book

The purpose of the allergy training day is to equip local GPs and primary care clinicians with the essential, practical knowledge required to safely assess, diagnose, and manage common allergic conditions. The training aims to improve patient outcomes, reduce unnecessary referrals, and ensure that complex cases are appropriately escalated to specialist allergy services.
This is particularly important given current long waiting times for regional allergy clinics.

09:00 - 09:30	**Registration** - *Sara Martinez*
09:30 - 09:40	Introduction & Welcome - *Sara Martinez, Highly Specialist Adult Gastro and Allergy Dietitian - Kent Community Health*
09:40 - 10:00	Allergy Focus History Taking - *Carol Smallman, Nurse Consultant - Paediatric Allergy Tunbride Wells & Maisdstone Hospital*
10:00 - 10:30	Allergy testing in Primary Care - when is it appropriate to test? + local pathways – when and what to refer to allergy services. - *Dr Kumar Somasundaram, Paediatric Consultant - Tunbridge Wells and Maidstone*
10:30 - 11:00	Food Allergy in Children - Management, Prevention (early introduction) and Care - *Dr Helen Channer, Paediatric Consultant - EKHUFT*
11:00 - 11:30	**TEA AND COFFEE BREAK**
11:30 - 12:00	Skin and Atopy - Eczema and FA, Urticaria - *Dr Helen Channe, Paediatric Consultant - EKHUFT*
12:00 - 12:30	Cow's Milk Allergy - *Carin Swart, Paediatric Allergy Dietitian - Tunbridge Wells and Maidstone Hospital*
12:30 - 13:00	Aeroallergen Immunotherapy and NICE Guidelines - *Dr Kumar Somasundaram, Paediatric consultant - Tunbridge Wells and Maidstone*
13:00 - 13:45	**LUNCH**
13:45 -14:30	**Workshops**

Workshop 1: Adrenaline Autoinjector Training - *Carol Smallman, Nurse Consultant - Paediatric Allergy Tunbridge Wells & Maidstone Hospital*

Workshop 2: Food Allergy - *Sara Martinez, Highly Specialist Adult Gastro and Allergy Dietitian - Kent Community Health*

Workshop 3: Allergic Rhinitis and Correct Use of Nasal Spray - *Sari Workman, Specialist Immunology and Allergy Adult Nurse*

14:30 - 14:40	**TEA AND COFFEE BREAK**
14:40 - 15:00	Food Allergy in Adults - *Dr Leman Mutlu, Consultant Immunologist and Allergist - EKHUFT*
15:00 - 15:30	Pollen Food Syndrome - *Sara Martinez, Highly Specialist Adult Gasto and Allergy Dietitian - Kent Community Health*
15:30 - 16:00	Who Needs an Epipen - *Dr Leman Mutlu, Consultant Immunologist and Allergist - EKHUFT*
16:00 - 16:15	Feedback and Close

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